# Protect Your Personal Information from Marketers



Senior citizens often receive mail that asks for personal information in exchange for details about life insurance, funeral expense benefits, or supplemental Medicare benefits. Once seniors provide their information, they are sometimes flooded with mailed solicitations or hounded by sales calls.

The mailings will typically ask you to fill out a postagepaid card with your name and date of birth and promise to provide free information about the "benefits available to you."

The organizations that send these mailings are not affiliated with the government. They sell your personal information to insurance companies that then use it to try to sell you life, burial, or supplemental Medicare insurance.

These companies—called "lead generators"—sometimes send mailings that look like they may be from government agencies. They feature headings like "New 2018 Government Benefit Update for Minnesota Citizens," "IMPORTANT LETTER OF NOTIFICATION," or "Medicare Open Enrollment Qualification Request Card."

One mailing pressures seniors to return the card to see if they qualify for a "Final Expense Insurance Program" that may pay 100 percent of final expenses or as much as \$25,000.

Another mailing asks seniors to provide their personal information to see if they qualify for a "NEW state-regulated" life insurance program that would pay up to \$50,000. The mailing also claims that those who return the card may receive a no-cost dental, vision, and hearing discount plan.

Lead generators want you to hand over your personal information before you have time to think about it. The mailings usually try to create a sense of urgency and ask you to act quickly. One, for example, states that your request for information won't be processed if submitted later than 15 days after you get the mailing.

## You Should Know...

The Minnesota Department of Commerce regulates the insurance industry. When a mailing uses a phrase like "state-regulated," it may be trying to appear official or seem like it is notifying you about a new government benefits program. In reality, all insurance companies are regulated by the state, so a "state-regulated" plan is nothing new or special.

#### What Can You Do?

Contact local folks first. If you think you need the benefits that these mailings mention, don't send your personal information to someone you don't know in order to get more information. Contact your local insurance agent or chat with a friend or family member about possible options.

# Throw the mailing away.

You don't have to disclose your personal information to receive information about insurance options. Personal information is only necessary to get an insurance quote or to apply for coverage.

#### Check your existing insurance coverage.

Lead generators try to scare you into thinking that you may not have enough money to pay your final expenses or that Medicare won't pay your medical bills. A lot of people already have life or supplemental Medicare insurance policies. You can review the coverage you already have through Medicare by calling (800) MEDICARE ((800) 633-4227) or visiting the Medicare website at www. mymedicare.gov.

# **Contact the Minnesota Senior LinkAge Line.**

The Senior LinkAge Line is run by the Minnesota Board on Aging. When you call the Senior LinkAge Line, a state employee who is trained on a host of issues affecting seniors can talk to you about insurance options and help you make a good decision.

#### Minnesota Senior LinkAge Line

Minnesota Board on Aging P.O. Box 64976 St. Paul, Minnesota 55164-0976 (800) 333-2433 TTY: (800) 627-3529

# "Opt Out" of Mailing Lists.

Lead generators can obtain your name and address through companies with which you do business. In some cases, you can let these companies know that you do not want your name to be sold or traded by checking a box to "opt out" of the sharing of your information with third parties. You can also opt out of mailings from many national companies for five years by contacting the Data & Marketing Association (DMA), a trade group of companies that solicit the public. To opt out of DMA's mailing lists, you can visit the DMA website or mail your request along with a \$3 processing fee.

# DMAchoice Data & Marketing Association

P.O. Box 900 Cos Cob, CT 06807 www.dmachoice.org

# "Opt Out" of Prescreened Offers.

The three major credit bureaus sell lists of individuals who meet certain credit criteria to lead generators and others. You can opt out of receiving prescreened insurance offers by visiting <code>www.optoutprescreen.com</code>, or by calling the "Opt Out" hotline at (888) 5-OPT-OUT ((888) 567-8688). You can also send a written request to permanently opt out to each of the three major credit bureaus. Your request should include your home telephone number, name, address, Social Security number, and date of birth, and must be sent to the following addresses:

#### **Equifax Information Services LLC**

P.O. Box 740123 Atlanta, GA 30374-0123

#### **Experian Marketing Services**

Opt Out Services P.O. Box 80128 Lincoln, NE 68521

#### **TransUnion**

Opt Out Request P.O. Box 505 Woodlyn, PA 19094

For more information about how to protect your personal information from insurance marketers, contact the Minnesota Attorney General's Office as follows:

## Office of Minnesota Attorney General Keith Ellison

445 Minnesota Street, Suite 1400 St. Paul, MN 55101 (651) 296-3353 (Twin Cities Calling Area) (800) 657-3787 (Outside the Twin Cities) (800) 627-3529 (Minnesota Relay) www.ag.state.mn.us