

Fish Consumption Guidelines for Women Who Are or May become Pregnant and Children Under Age 15, Rivers



RIVER NAME

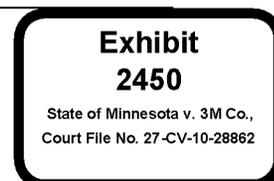
Location	Meal Advice					
RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BASSETT CR. Hennepin Co.	White Sucker	All sizes				
BIG FORK R. Koochiching Co.	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
BLACKDUCK R. Beltrami Co.	Walleye			All sizes		Mercury
BLACKHOOF R. Carlton Co.	Brook Trout		All sizes			Mercury
	Brown Trout		All sizes			Mercury
BLUE EARTH R. above Rapidan Dam	Carp		All sizes			Mercury
	Channel Catfish			All sizes		Mercury
	Quillback		All sizes			Mercury
below Rapidan Dam	Carp		All sizes			Mercury
	Channel Catfish			All sizes		Mercury
	Quillback		All sizes			Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
BOIS DE SIOUX R. Wilkin Co.	Carp		All sizes			Mercury
	Channel Catfish			All sizes		Mercury
BUFFALO CR. McLeod Co.	Carp		All sizes			Mercury
BUFFALO R. Clay Co.	Channel Catfish			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
CANBY CR. Yellow Medicine Co.	White Sucker	All sizes				
CANNON R. Fairbault to Northfield	Carp		All sizes			Mercury
	White Sucker		All sizes			Mercury
Northfield to Byllesby Res.	Carp		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
Byllesby Res. to Mississippi R.	Carp			All sizes		Mercury PCBs
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury

Notes:

R. - River, CR. - Creek PCBs - Polychlorinated biphenyls PFOS - Perfluorooctane sulfonate

Contaminants listed were measured at levels high enough to warrant a recommendation to limit consumption.

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CEDAR R.						
above Mill Pond Dam, Austin	Bullhead			All sizes		Mercury
	Carp		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	River Carpsucker			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury
below Mill Pond Dam, Austin	Carp		All sizes			Mercury PCBs
	Redhorse Sucker			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury
Carp from this river contain dioxin, a chemical that may cause cancer in humans. Meat and dairy products also contain dioxin. At this time, MDH does not provide meal advice based on dioxin in fish. You can reduce your exposure to dioxin by choosing to eat a different species and following the consumption guidelines for that species.						
CENTER CR.						
Martin Co.	Buffalo	All sizes				
	Bullhead	All sizes				
	Carp	All sizes				
	White Sucker		All sizes			Mercury
CHIPPEWA R.						
Chippewa Co.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
CLEARWATER R.						
Red Lake Co.	Channel Catfish			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury
CLOQUET R.						
St. Louis Co.	Bluegill Sunfish		All sizes			Mercury
	Redhorse Sucker			All sizes		Mercury
	Rock Bass			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
COLD SPRING BR.						
Wabasha Co.	Brown Trout	All sizes				

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COTTONWOOD R. Brown Co.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Freshwater Drum		All sizes			Mercury
	Quillback		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
CROOKED CR. Pine Co.	Brook Trout		All sizes			Mercury
	Rainbow Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
CROW R. Wright Co.	Carp		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
CROW R., N FORK Wright Co.	Carp			All sizes		Mercury
	Channel Catfish		shorter than 17"	17" or longer		Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
CROW R., S FORK Wright Co.	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
CROW WING R. Cass Co.	Bluegill Sunfish		All sizes			Mercury
	Carp			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
DARK R. St. Louis Co.	Brook Trout		All sizes			Mercury
	Brown Trout		All sizes			Mercury
DES MOINES R. Jackson Co.	Redhorse Sucker		All sizes			Mercury
	Walleye			All sizes		Mercury

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DES MOINES R., W FORK Jackson Co.	Buffalo	All sizes				
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Walleye		All sizes			Mercury
EAST INDIAN CR. Wabasha Co.	Brook Trout	All sizes				
ELK R. Sherburne Co.	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		All sizes			Mercury
EMBARRASS R. St. Louis Co.	Burbot		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
FORT RIDGELY CR. Renville Co.	Brown Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
GARVIN BROOK Winona Co.	Brown Trout	All sizes				
	White Sucker		All sizes			Mercury
GILMORE CR. Winona Co.	Brown Trout		All sizes			Mercury
GOOSEBERRY R. Lake Co.	Brook Trout		All sizes			Mercury
GRAND PORTAGE CR. Cook Co.	Brook Trout	All sizes				
HAWK CR. Renville Co.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
HAY CR. Goodhue Co.	Brown Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury

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HIGH ISLAND CREEK Sibley Co.	White Sucker		All sizes			Mercury
JOHNSON R. St. Louis Co.	Crayfish		All sizes			Mercury
JUNCO CR. Cook Co.	Brook Trout		All sizes			Mercury
KABEKONA R. Hubbard Co.	Brook Trout		All sizes			Mercury
KETTLE R. Pine Co.	Channel Catfish			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
KIMBALL CR. Cook Co.	Brook Trout	All sizes				
	Rainbow Trout	All sizes				
KNIFE R. Lake Co.	Brook Trout		All sizes			Mercury
LAC QUI PARLE R. Lac Qui Parle Co.	Carp			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LE SUEUR R. Blue Earth Co.	Buffalo		All sizes			Mercury
	Carp			All sizes		PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Redhorse Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
LEAF R. Wadena Co.	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
LEECH LAKE R. Cass Co.	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch			All sizes		Mercury

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LESTER R. St. Louis Co.	Brown Trout		All sizes			Mercury
	Rainbow Trout		All sizes			Mercury
LITTLE FORK R. Koochiching Co.	Northern Pike			All sizes		Mercury
	Quillback			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury PCBs
	Sauger			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
LITTLE KNIFE R., WEST BRANCH Lake Co.	Brook Trout		All sizes			Mercury
LONG PRAIRIE R. Todd Co.	Carp			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Rock Bass			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
LUXEMBURG CR. Stearns Co.	Brown Trout	All sizes				
MANITOU R. Lake Co.	Brook Trout		All sizes			Mercury
MARSH R. Norman Co.	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
MILL CR. Fillmore Co.	Brown Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
MILLER CR. St. Louis Co.	Brook Trout		All sizes			Mercury
	Brown Trout		All sizes			PFOS
	Wabasha Co.	Brook Trout	All sizes			

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MINNESOTA R.						
above Granite Falls	Carp		All sizes			Mercury
	Channel Catfish			All sizes		Mercury
	Crappie		All sizes			Mercury
	Freshwater Drum		All sizes			Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Bass		All sizes			Mercury
below Granite Falls	Bluegill Sunfish		All sizes			Mercury
	Buffalo			All sizes		Mercury
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury PCBs
	Flathead Catfish		shorter than 22"	22" or longer		Mercury PCBs
	Freshwater Drum			All sizes		Mercury
	Quillback		All sizes			Mercury
	Sauger			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Bass			All sizes		Mercury PCBsPFOS
	White Sucker			All sizes		Mercury

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MISSISSIPPI R.						
Lake Itasca to Ottertail Power Dam	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass			All sizes		Mercury
	Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
Yellow Perch		All sizes			Mercury	
Ottertail Power Dam to Knutson Dam	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass			All sizes		Mercury
	Sunfish		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Yellow Perch		All sizes			Mercury	
Knutson Dam to Cohasset Dam	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
Grand Rapids Dam to Brainerd Dam	Bluegill Sunfish		All sizes			Mercury
	Carp			All sizes		Mercury
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Rock Bass			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
Brainerd Dam to Little Falls Dam	Bluegill Sunfish		All sizes			Mercury
	Carp			All sizes		Mercury
	Channel Catfish			All sizes		Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury

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MISSISSIPPI R.						
Brainerd Dam to Little Falls Dam	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Stearns Co.	Redhorse Sucker		All sizes			Mercury PCBs
	Smallmouth Bass		All sizes			Mercury
Morrison Co.	Walleye			All sizes		Mercury
Little Falls Dam to Blanchard Dam	Carp			All sizes		Mercury PCBs
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
	Blanchard Dam to Sartell Dam	Bluegill Sunfish		All sizes		
Carp			All sizes			Mercury
Channel Catfish			All sizes			Mercury
Crappie			All sizes			Mercury
Northern Pike			shorter than 20"	20" or longer		Mercury
Redhorse Sucker				All sizes		Mercury
Rock Bass				All sizes		Mercury
Smallmouth Bass				All sizes		Mercury
Walleye			All sizes			Mercury
White Sucker			All sizes			Mercury
Yellow Perch			All sizes			Mercury
Sartell Dam to St. Cloud Dam		Carp		All sizes		
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass			All sizes		Mercury
	Smallmouth Bass		shorter than 14"	14" or longer		Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	St. Cloud Dam to Coon Rapids Dam	Bluegill Sunfish		All sizes		
Carp			All sizes			Mercury PCBs
Channel Catfish			shorter than 23"	23" or longer		Mercury PCBs
Crappie			All sizes			Mercury
Northern Pike			All sizes			Mercury
Redhorse Sucker				All sizes		Mercury
Smallmouth Bass			shorter than 14"	14" or longer		Mercury
Sucker				All sizes		Mercury
Walleye			shorter than 16"	16" or longer		Mercury
White Sucker				All sizes		Mercury
Coon Rapids Dam to St. Anthony Falls	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury PCBs
	Channel Catfish		shorter than 20"	20" or longer		Mercury
	Largemouth Bass		All sizes			Mercury

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MISSISSIPPI R. Coon Rapids Dam to St. Anthony Falls	Northern Pike		All sizes			Mercury
	Redhorse Sucker			All sizes		Mercury PCBs
	Smallmouth Bass		shorter than 13"	13" or longer		Mercury
	Walleye			All sizes		Mercury
St. Anthony Falls to Ford Dam, Pool 1	Carp		All sizes			Mercury PCBs
	Channel Catfish			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
Ford Dam to Hastings Dam, Pool 2	Walleye			All sizes		Mercury
	Bluegill Sunfish		All sizes			Mercury PFOS
	Buffalo		All sizes			PCBs
	Carp			All sizes		Mercury PCBsPFOS
	Channel Catfish		shorter than 22"	22" or longer		Mercury
	Crappie		All sizes			Mercury PFOS
	Flathead Catfish			All sizes		Mercury PCBs
	Freshwater Drum		All sizes			Mercury PFOS
	Northern Pike		All sizes			Mercury
	White Bass			All sizes		Mercury PCBsPFOS
Fish near Lock and Dam No. 2 may have higher levels of PFOS than those in other areas of Pool 2. See MPCA report for more information. http://www.pca.state.mn.us/index.php/view-document.html?gid=19516						
Hastings Dam to Red Wing, Pool 3	Bluegill Sunfish		All sizes			Mercury PFOS
	Buffalo			All sizes		Mercury PCBs
	Carp			All sizes		Mercury PCBsPFOS
	Channel Catfish			All sizes		Mercury PCBs
	Crappie		All sizes			Mercury PFOS
	Flathead Catfish		shorter than 20"	20" or longer		Mercury PCBs
	Freshwater Drum		All sizes			Mercury
	Largemouth Bass		shorter than 13"	13" or longer		Mercury PFOS
	Northern Pike		All sizes			Mercury PFOS
	Quillback			All sizes		Mercury PCBs
	Sauger		All sizes			Mercury PFOS
	Smallmouth Bass		shorter than 14"	14" or longer		Mercury PFOS
	Walleye		shorter than 21"	21" or longer		Mercury PCBsPFOS
White Bass			All sizes		Mercury PCBsPFOS	
Red Wing to Kellogg Dam, Pool 4	Bluegill Sunfish		All sizes			Mercury PFOS
	Buffalo			All sizes		Mercury PCBs
	Carp			All sizes		Mercury PCBs
	Channel Catfish			All sizes		Mercury PCBs
	Crappie		All sizes			Mercury
	Flathead Catfish			All sizes		Mercury PCBs
	Freshwater Drum			All sizes		Mercury PCBs
	Largemouth Bass			All sizes		Mercury
	Northern Pike		All sizes			Mercury PFOS
	Sauger			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury PFOS
	Walleye		All sizes			Mercury PCBsPFOS
White Bass			All sizes		Mercury PCBsPFOS	

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MISSISSIPPI R.					
Red Wing to Kellogg Dam, Pool 4	Yellow Perch			All sizes	Mercury
Kellogg Dam to LaMoille Dam, Pools 5, 5A & 6	Bluegill Sunfish		All sizes		Mercury PFOS
	Buffalo		All sizes		Mercury PCBs
	Carp		All sizes		Mercury PCBs
	Channel Catfish		All sizes		Mercury PCBs
	Crappie		All sizes		Mercury
	Flathead Catfish			All sizes	Mercury PCBs
	Freshwater Drum		All sizes		Mercury PCBs
	Largemouth Bass		shorter than 14"	14" or longer	Mercury PFOS
	Northern Pike		shorter than 27"	27" or longer	Mercury PFOS
	Sauger			All sizes	Mercury
	Smallmouth Bass			All sizes	Mercury PFOS
	Walleye			All sizes	Mercury PFOS
	White Bass			All sizes	Mercury PCBs
	Yellow Perch		All sizes		Mercury
LaMoille Dam to Reno Dam, Pools 7 & 8	Bluegill Sunfish		All sizes		Mercury
	Bowfin			All sizes	Mercury
	Buffalo		All sizes		Mercury PCBs
	Carp		All sizes		Mercury PCBs
	Channel Catfish		All sizes		Mercury PCBs
	Crappie		All sizes		Mercury
	Flathead Catfish		shorter than 19"	19" or longer	Mercury PCBs
	Freshwater Drum			All sizes	Mercury PCBs
	Largemouth Bass		All sizes		Mercury PCBs
	Northern Pike		shorter than 24"	24" or longer	Mercury
	Sauger		All sizes		Mercury
	Smallmouth Bass		shorter than 13"	13" or longer	Mercury PCBs
	Walleye		All sizes		Mercury
	White Bass			All sizes	Mercury PCBs
Yellow Perch		All sizes		Mercury	
Reno Dam to Iowa Border, Pool 9	Bluegill Sunfish		All sizes		Mercury
	Bowfin			All sizes	Mercury
	Buffalo			All sizes	Mercury PCBs
	Carp		All sizes		Mercury PCBs
	Channel Catfish			All sizes	Mercury PCBs
	Crappie		All sizes		Mercury
	Flathead Catfish			All sizes	Mercury PCBs
	Freshwater Drum			All sizes	Mercury PCBs
	Largemouth Bass			All sizes	Mercury
	Northern Pike		shorter than 25"	25" or longer	Mercury
	Sauger			All sizes	Mercury
	Smallmouth Bass			All sizes	Mercury
	Walleye		All sizes		Mercury
	White Bass		All sizes		Mercury PCBs
Yellow Perch		All sizes		Mercury	

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Fish Consumption Guidelines for Women Who Are or May become Pregnant and Children Under Age 15, Rivers



RIVER NAME

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MUSTINKA R. Traverse Co.	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
NEMADJI R. Carlton Co.	Redhorse Sucker		All sizes			Mercury
	Rock Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
PARTRIDGE R. St. Louis Co.	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Rock Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
PIGEON R. Cook Co.	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
PINE R. Crow Wing Co.	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
PIPESTONE CR. Pipestone Co.	Carp			All sizes		Mercury
POMME DE TERRE R. Stevens Co.	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
RAINY R. Koochiching Co.	Crappie		All sizes			Mercury
	Lake Sturgeon		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Quillback			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Rock Bass			All sizes		Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 14"	14" or longer		Mercury
	White Sucker		All sizes			Mercury
Yellow Perch		All sizes			Mercury	

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RAMSEY CR. Redwood Co.	Brown Trout	All sizes					
	Rainbow Trout	All sizes					
	White Sucker		All sizes			Mercury	
RED LAKE R. above Thief River Falls Dam	Crappie		All sizes			Mercury	
	Walleye			All sizes		Mercury	
	White Sucker		All sizes			Mercury	
	below Thief River Falls Dam	Carp		All sizes			Mercury PCBs
		Channel Catfish		shorter than 21"	21" or longer		Mercury
		Crappie		All sizes			Mercury
		Northern Pike			All sizes		Mercury
		Redhorse Sucker			All sizes		Mercury
		Rock Bass			All sizes		Mercury
		Sauger			All sizes		Mercury
		Smallmouth Bass			All sizes		Mercury
		Walleye			All sizes		Mercury
RED R.	Carp			All sizes		Mercury	
	Channel Catfish			All sizes		Mercury	
	Crappie		All sizes			Mercury	
	Freshwater Drum			All sizes		Mercury	
	Northern Pike			shorter than 30"	30" or longer	Mercury	
	Redhorse Sucker			All sizes		Mercury	
	Sauger			All sizes		Mercury	
	Walleye			shorter than 22"	22" or longer	Mercury	
REDEYE R. Wadena Co.	Northern Pike		All sizes			Mercury	
	Redhorse Sucker		All sizes			Mercury	
REDWOOD R. Redwood Co.	Carp		All sizes			Mercury	
	Channel Catfish			All sizes		Mercury	
	Redhorse Sucker			All sizes		Mercury	
	Walleye			All sizes		Mercury	
	White Sucker		All sizes			Mercury	
ROCK R. Rock Co.	Carp		All sizes			Mercury	
	Northern Pike		All sizes			Mercury	
	Redhorse Sucker		All sizes			Mercury	
	White Sucker		All sizes			Mercury	

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ROOT R. Fillmore Co.	Brown Trout		All sizes			Mercury PCBs	
	Carp		All sizes			Mercury	
	Redhorse Sucker			All sizes		Mercury	
	White Sucker		All sizes			Mercury	
	Redhorse Sucker		All sizes			Mercury	
Houston Co.	Redhorse Sucker		All sizes			Mercury	
	Smallmouth Bass			All sizes		Mercury	
ROSEAU R. Roseau Co.	Carp			All sizes		Mercury	
	Walleye			All sizes		Mercury	
RUM R. Anoka Co.	Carp		All sizes			Mercury	
	Carp			All sizes		Mercury	
	Northern Pike			All sizes		Mercury	
	Northern Pike			All sizes		Mercury	
	Redhorse Sucker			All sizes		Mercury	
	Smallmouth Bass			All sizes		Mercury	
	Walleye			All sizes		Mercury	
	Walleye			All sizes		Mercury	
	White Sucker			All sizes		Mercury	
RUSH R. Sibley Co.	Channel Catfish		All sizes			Mercury	
	Redhorse Sucker		All sizes			Mercury	
SANDHILL R. Polk Co.	Channel Catfish		shorter than 18"	18" or longer		Mercury	
	Redhorse Sucker		All sizes			Mercury	
	Sauger			All sizes		Mercury	
	Walleye			All sizes		Mercury	
SAUK R.	above Melrose Dam	Bluegill Sunfish		All sizes		Mercury	
		Carp		All sizes		Mercury	
		Northern Pike			All sizes		Mercury
		Walleye			All sizes		Mercury
	Melrose Dam to Cold Spring	Carp		All sizes			Mercury
		Northern Pike			All sizes		Mercury
		Walleye			All sizes		Mercury
	Cold Spring to St. Cloud	Carp		All sizes			Mercury
		Smallmouth Bass		All sizes			Mercury
		Walleye		All sizes			Mercury
		White Sucker		All sizes			Mercury
	SEVEN MILE CR. Nicollet Co.	Brown Trout		All sizes			Mercury

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SHELL ROCK R. Freeborn Co.	Carp		All sizes			Mercury PCBs	
	Northern Pike		All sizes			Mercury	
SNAKE CR. Wabasha Co.	Brook Trout	All sizes					
SNAKE R. Pine Co.	Channel Catfish		All sizes			Mercury	
	Freshwater Drum		All sizes			Mercury	
	Northern Pike		All sizes			Mercury	
	Redhorse Sucker		All sizes			Mercury	
	Smallmouth Bass			All sizes		Mercury	
	Walleye				All sizes	Mercury	
	Yellow Perch		All sizes			Mercury	
SPRING/HINDERMAN CR. Brown Co.	White Sucker	All sizes					
ST. CROIX R. above Stillwater	Bluegill Sunfish		All sizes			Mercury	
	Buffalo			All sizes		Mercury PCBs	
	Carp		All sizes			Mercury	
	Channel Catfish		All sizes			Mercury PCBs	
	Crappie		All sizes			Mercury	
	Freshwater Drum			All sizes		Mercury	
	Mooneye			All sizes		Mercury PCBs	
	Northern Pike		shorter than 20"	20" or longer		Mercury	
	Redhorse Sucker		All sizes			Mercury	
	Rock Bass		All sizes			Mercury	
	Sauger				All sizes	Mercury	
	Smallmouth Bass				All sizes	Mercury	
	Walleye		shorter than 15"	15" or longer		Mercury	
	White Bass				All sizes	Mercury PCBs	
	Stillwater to Mississippi River	Bluegill Sunfish		All sizes			Mercury
		Buffalo		All sizes			Mercury PCBs
		Carp			All sizes		Mercury PCBs
		Channel Catfish		All sizes			Mercury PCBs
		Crappie		All sizes			Mercury
		Freshwater Drum		All sizes			Mercury
Mooneye			All sizes			Mercury	
Northern Pike			shorter than 26"	26" or longer		Mercury	
Redhorse Sucker			All sizes			Mercury	
Sauger			All sizes			Mercury	
Smallmouth Bass			All sizes			Mercury	
Walleye			shorter than 19"	19" or longer		Mercury PCBs	
White Bass					All sizes	Mercury PCBsPFOS	

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RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
ST. LOUIS R. above Cloquet	Channel Catfish			All sizes		Mercury	
	Northern Pike			All sizes		Mercury	
	Redhorse Sucker			All sizes		Mercury	
	Rock Bass			All sizes		Mercury	
	Smallmouth Bass		shorter than 11"	11" or longer		Mercury	
	Sunfish		All sizes			Mercury	
	Walleye		shorter than 11"	11" or longer		Mercury	
	White Sucker			All sizes		Mercury	
	Yellow Perch		All sizes			Mercury	
	Cloquet to Fond du Lac Dam	Carp			All sizes		Mercury
		Channel Catfish			All sizes		Mercury
		Northern Pike			All sizes		Mercury
		Rock Bass			All sizes		Mercury
		Smallmouth Bass			All sizes		Mercury
Walleye				All sizes		Mercury	
White Sucker				All sizes		Mercury	
Fond du Lac Dam to Lake Superior	Carp			All sizes		Mercury	
	Channel Catfish			All sizes		Mercury PCBs	
	Crappie			All sizes		Mercury	
	Northern Pike			All sizes		Mercury	
	Redhorse Sucker			All sizes		Mercury	
	Smallmouth Bass			All sizes		Mercury PCBs	
	Sunfish		All sizes			Mercury	
	Walleye			shorter than 22"	22" or longer	Mercury PCBs	
	White Sucker			All sizes		Mercury PCBs	
	Yellow Perch		All sizes			Mercury	
STONEY BROOK Cass Co.	Brook Trout	All sizes					
	Brown Trout		All sizes			Mercury	
STRAIGHT R. Hubbard Co. Steele Co.	Brown Trout	All sizes					
	Carp		All sizes			Mercury	
	Northern Pike		All sizes			Mercury	
	Walleye		shorter than 16"	16" or longer		Mercury	
	White Sucker		All sizes			Mercury	
STURGEON R. St. Louis Co.	Mooneye		All sizes			Mercury	
	Northern Pike			All sizes		Mercury	
	Redhorse Sucker			All sizes		Mercury	
	Smallmouth Bass			All sizes		Mercury	
	Walleye				All sizes	Mercury	
SUCKER CR. Meeker Co.	White Sucker		All sizes			Mercury	

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SUNRISE R. Chisago Co.	Redhorse Sucker		All sizes			Mercury	
	Smallmouth Bass		All sizes			Mercury	
SWAN R. Aitkin Co.	Northern Pike			All sizes		Mercury	
	Smallmouth Bass			All sizes		Mercury	
	White Sucker		All sizes			Mercury	
	St. Louis Co.	Burbot		All sizes		Mercury	
TAMARACK R. Marshall Co.	Northern Pike			All sizes		Mercury	
	Sauger			All sizes		Mercury	
	Walleye		All sizes			Mercury	
	White Sucker		All sizes			Mercury	
THIEF R. Marshall Co.	Northern Pike			All sizes		Mercury	
	Redhorse Sucker		All sizes			Mercury	
	Rock Bass			All sizes		Mercury	
	Smallmouth Bass			All sizes		Mercury	
	Walleye			All sizes		Mercury	
	White Sucker		All sizes			Mercury	
TOAD R. Otter Tail Co.	Northern Pike		All sizes			Mercury	
	White Sucker		All sizes			Mercury	
	Yellow Perch	All sizes					
TROUT BR. Dakota Co.	Brown Trout	All sizes					
UPPER IOWA R. Mower Co.	Bluegill Sunfish		All sizes			Mercury	
	Crappie			All sizes		Mercury	
VERMILION R. St. Louis Co.	Northern Pike			All sizes		Mercury	
	Walleye			All sizes		Mercury	
	White Sucker			All sizes		Mercury	
	Yellow Perch		All sizes			Mercury	
VERMILLION R. Dakota Co.	Northern Pike		All sizes			Mercury	
	White Sucker		All sizes			Mercury	
	Goodhue Co.	Carp		All sizes			Mercury PCBs
		Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury	
	Walleye		All sizes			Mercury PCBs	
White Sucker	All sizes						

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WARROAD R. Roseau Co.	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
WATANWAN R. Blue Earth Co.	Carp		All sizes			Mercury
	Walleye		All sizes			Mercury
WATONWAN R. Blue Earth Co.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Walleye			All sizes		Mercury
WELLS CR. Goodhue Co.	Brown Trout	All sizes				
	White Sucker		All sizes			Mercury
WEST INDIAN CR. Wabasha Co.	Brown Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
WHITEFACE R. St. Louis Co.	Channel Catfish			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
WHITEWATER R. Wabasha Co. Winona Co.	White Sucker		All sizes			Mercury
	Brown Trout	All sizes				
	Rainbow Trout	All sizes				
WILD RICE R. Norman Co.	Channel Catfish			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Walleye			All sizes		Mercury
WILLOW CR. Stearns Co.	Brown Trout	All sizes				
YELLOW MEDICINE R. Yellow Medicine Co.	Carp		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury

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ZUMBRO R.					
Wabasha Co.	Bass			All sizes	Mercury
	Bluegill Sunfish		All sizes		Mercury
	Carp		All sizes		Mercury
	Channel Catfish		All sizes		Mercury
	Crappie		All sizes		Mercury
	Northern Pike		All sizes		Mercury
	Quillback		All sizes		Mercury
	Redhorse Sucker		All sizes		Mercury
	Rock Bass			All sizes	Mercury
	Smallmouth Bass			All sizes	Mercury
	Walleye			All sizes	Mercury
	White Bass		All sizes		Mercury
	White Sucker		All sizes		Mercury

More information:

See Information at:

MN DNR fishing regulations	http://www.dnr.state.mn.us/regulations/fishing/index.html
PFOS - Perfluorooctane sulfonate	http://www.health.state.mn.us/divs/eh/hazardous/topics/pfos/index.html
PCBs - Polychlorinated biphenyls	http://www.health.state.mn.us/divs/eh/fish/faq.html
Meal Advice	http://www.health.state.mn.us/divs/eh/fish/eating/meal.html
Mercury	http://www.health.state.mn.us/divs/eh/fish/faq.html
Dioxin	http://www.health.state.mn.us/divs/eh/risk/chemhazards/dioxins.html

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